

Arts, Health & Wellbeing Group

23rd July 2019 1.30 – 3.30

Room G89, Hove Town Hall

Action notes

Present: Jane McMurrow – Creative Futures, Jo Crease - Impetus, Clare Hankinson - Fabrica, Lesley - New riding south, Bela Emerson - Open Strings, Peter Huntbach – BHCC Senior Housing, Athol Trust for Developing Communities, Phil Rankin – NHS/BHCC, Laura - Community Works, Kata - Dome and Festival, Nuala Friedman – Music in Social Care research student, Vikki Parker, Sue - Impact, Lynn - Coldean Café, David Brindley PH, Possability People, Emma Drew - Hera, Alastair Hill - BHCC, Lucy Stone – Old Market / Peoples theatre.

1. Welcome, Introductions & Apologies

Introductions were made – many new members today

2. Feedback from More Culture, Less Medicine event

Alastair gave brief outline of the event, bringing arts and health together in informal way, feedback is being collated. Great feedback, waiting list it was so popular. Alastair thanked everyone for attending and the organisers.

Other comments:

Lucy has sent link with some of the collated feedback and refreshing to see such a mix – expected more arts and less health, but RSA very happy to be involved in it and are keen to hear some follow up. Cities of learning want to be kept in the loop.

Vikki, pleasure to speak at it and got some great feedback.

We are only a sum of our parts. Now a sense of trying to fit this into their ongoing work, capacity to bring things forward. Potential to do something next year. Two London council's could be involved next time.

Could the next step thinking of a way to showcase what is going on?

3. Social Prescribing – Jo Crease

Jo gave a brief introduction and update about the Impetus Social Prescribing provided within Primary Care in the city

NHS are funding social prescribing surgeries

All to help people find what help they need, advice, support, information etc

Would like to think about how the things we do collectively can fuel conversations across the strong Arts, Community sectors in the city - Conversations are starting to evolve.

Want to bring data together as to how we are reaching people who have been referred in other ways, or who have reached services that have helped them more than medical interventions could have

NHS link worker job description is wildly diverse and not written by experienced community worker - Limit to what can be achieved - posts are funded but not possible to achieve everything just through these posts

We should be building on our existing strengths – and we are part of developing outcomes monitoring framework for this – so can provide input into this. Key will be getting the right people into these roles.

Common Monitoring Outcomes Framework is work in progress so how these will be evaluated will be a part of this.

Action: Jo will send out data on referrals so far from NHS link workers

4. Action Planning & Budget Allocation.

Discussions are needed to agree a way forward with regard to budget allocation

Following the breakout sessions as part of our Dec 18 meeting, the areas to focus were agreed as:

- Training and development
- Social Prescribing – bringing together health and arts sector
- Publicity and knowledge
- Research and evaluation
- Other capacity building

Planning Session

- Group work (based on focus areas above) (25 mins)
- Feedback and discussions (40 mins)
- Prioritisation proposals session (5 mins)
- Refine and agree final proposals (15 mins)
- Next steps (10 mins)

Alastair provided brief background on where we got to, the Cultural Framework and the ACIC chaired by the Dome Director which sets out the cultural priorities of the city and the key aims. There are some broad aims which this group discussed which this group pulled aims from. Each working group given £10k to progress aims for their part of the framework. Some bullet points (starting with Training & Development) are the result of this.

Constraints on the Budget are:

- Spend by March 2020
- Fair and transparent process meeting Council governance requirements
- Consistent with the aims of the Cultural Framework
- More value from using money to progress smaller projects

The meeting split into 4 groups under each aim, and key areas were discussed and agreed, presented to the rest of the meeting, and voted on as to which were to be carried forward.

Summaries from the groups:

Research & Evaluation

1. Run a conference presenting research in the area of arts in health and social care, presenting what's already going on in the city. Keynote speaker to be invited: Dr Daisy Fancourt
2. An online platform for mapping arts and health organisations throughout the city that is linked to the BHCC website, kept up to date, includes national research, guidance on arts and culture in wellbeing settings, includes networking platform for local organisations working in arts, health and wellbeing, and ways to collate data across multiple organisations and assimilate into meaningful evidence

Training & Development

1. Explore a training offer to encourage arts orgs to use artists as trainers in different settings
Everyone gets two days to volunteer in different organisations
Reviewing the training programme the council offers, for arts offer and reminding third sector that they can also access this training – what can they access
Mapping what training is out there
2. Online database of arts organisations, can be used for commissioning different activities and artists, including people who can be consulted
Mapping what is already out there in terms of networks

Social Prescribing

1. This city can be a beacon for using the arts as a way of delivering person-centred prevention, particularly around Mental Health. Bring more people, particularly clinicians on board with what arts can do. National Frameworks around Loneliness, so targeted comms to reach GPs and explain just how arts can help meet aims. Recognise this will increase demand, so will need funding to increase capacity, monitoring impact and how to manage referrals. Identified challenges with overlap of funding outcomes

Publicity & Knowledge

1. Conference, knowledge exchange to show-case all the arts and health sector, could be half and half for sector, and the public. Could lead to a city-wide roadshow. Opportunity to take part in activities, experiential roadshow. Could also invite potential trusts and funders to get more funding in.
2. Online – use money to improve what we already have online, for example to improve MyLife. Taking them a stage further, get more value out of what we have. Engage with people for their expertise and knowledge.

Winning ideas:

Event – Brighton as a Beacon

Needs to have clear strategic aims

Provides opportunities to link into other resources in the city in terms of time

4 members volunteered to get together and draft a specification for someone to do this – (event planning and thinking around development)

Research and mapping work for a collaborative online platform for organisations to connect, gather data etc

5. AOB

David – Branwen and David put in a bid for Erasmus Knowledge Exchange project around creative ageing and were successful. Hope to showcase some of this work, October 2020 – Older Peoples festival will be around creative ageing.

6. Future meeting:

Next one will be early October 2019, JM and AH will send out a date